



Masters Swimming Canada

2009 RULE BOOK

These swimming rules have been prepared by the MSC Rules Committee in English and French and have been approved by the Board of Directors of Masters Swimming Canada, the body responsible for rules for Masters swimming competitions in Canada. They consist of the General Rules, Swimming Rules, Open Water Swimming Rules and Appendices. They are in force and shall govern all sanctioned Masters swimming competitions in Canada. These rules shall be posted on the MSC website in English and French. If there is a conflict between the two, the English version shall prevail. A hip-pocket version is available from Masters Swimming Canada.

These rules are based on FINA Masters Swimming Rules which govern the conduct of FINA Masters World Championships in the format that was developed by the FINA Masters Technical Committee in 2008. They have been adjusted for all Masters swimming competitions in Canada, other than the FINA Championships. Rules listed as MSW are the original FINA Masters Rules, rules listed as CMSW are Canadian variations or interpretations of the FINA Rule. Where ever possible the FINA numbering system is retained. It is similar to the SNC numbering system. The Rules have been updated to comply with changes and clarifications made by FINA at their July, 2009 Rome Congress and subsequently through 2010.

Please contact the MSC Rules Committee Chair, Chris Smith if you have questions, comments or suggested corrections at chrismith32@hotmail.com.

MSC Rules Committee;

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December 6, 2009
Updated October 17, 2010

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